

Amelia Beatrice Warshaw

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EDUCATION

Brown University Alpert School of Medicine, Providence, RI Expected May 2021
Doctor of Medicine

Princeton University, Princeton, NJ August 2012 - June 2016
Bachelor of Arts, Psychology; GPA: 3.71

HONORS AND AWARDS

- *Clinical Clerkship Honors*: Family Medicine; Surgery; Psychiatry; Neurology
 - *Clinical Elective Honors*: Independent Study at Rhode Island Department of Health; Sub-Internship, Pediatrics Wards; Gender, Sexuality, and Reproductive Justice; Anesthesia (Women and Infants Hospital)
 - *Cum laude*, Princeton University; 2016
 - *Member*, Sigma Xi Honor Society; 2016
 - *Shapiro Prize for Academic Excellence*, Princeton University; 2013
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LEADERSHIP EXPERIENCE

Alpert Medical School CPR, Leadership Board Member, Providence, RI June 2020 - present
Chat, Process, Reflect (CPR) convenes a monthly educational session designed to facilitate critical conversations amongst 3rd year medical students related to experiences unique to the practice of clinical medicine.

- Design the curriculum and create lesson plans for 10 sessions on diverse topics ranging from "Wellness" to "Death and Dying" and "Race in Medicine." Sessions are attended by more than 150 Brown medical students.

RI Department of Health COVID-19 Emergency Response Triage Line, Student Leader, Providence, RI March 2020 - April 2020

The COVID-19 Emergency Response Triage Line was created to respond to hundreds of daily calls from institutions, medical providers, and the general public regarding questions about the novel COVID-19 virus.

- Worked 160 hours alongside the Triage team at the Rhode Island Department of Health on the branch's COVID-19 emergency response Task Force.
- Responsibilities included fielding and returning phone calls from patients and providers to identify potential cases and disseminate RI DOH guidance for individuals, hospitals, and other institutions.
- Created reports highlighting frequently asked questions by institutions and individuals which helped lead to creation of daily provider briefings as well as a separate Nursing Home and Group Home Task Forces.

Medicine @ Brown, Editorial Board Member, Writer, Providence, RI August 2019 - present
The editorial board advises on stories, layout, and overall direction of Alpert Medical School's alumni magazine.

- Serve as the medical student representative for Medicine@Brown's Editorial Board for a three-year term.

AMS Preclinical Elective: Exploring the Biopsychosocial Model,

Elective Co-Creator and Co-Leader Providence, RI

March 2018 - March 2019

BIOL 6695: Exploring the Biopsychosocial Model aims to educate medical students on the impact of psychology and psychiatry on various specialties and subspecialties in medicine. The course gives students a head start in learning how to deal with some of the common psychiatric concerns that arise in the clinical setting, acting as a supplement to Alpert Medical School's Doctoring course.

- Created a forum in which students can discuss the role of the biopsychosocial model in medical practice with Brown faculty using case studies and open discussion.

Murmur - Alpert Medical School's Student Blog,

Lead Content Editor / Editorial Board Member Providence, RI

March 2018 - March 2019

Murmur is Alpert Medical School's student-driven blog, featuring students' writing, photography, poetry, and more.

- Created and edited content by dozens of medical school colleagues
- Coordinated with the Office of Admissions to use Murmur as a means of showcasing Alpert Medical School's students' multidisciplinary interests, and bolstered Murmur's social media presence with the creation of an Instagram page.

Alpert Medical School Psychiatry Interest Group, Leader, Providence, RI

March 2018 - March 2019

The Psychiatry Interest Group facilitates events for students interested in Psychiatry and Triple Board residencies.

- Organized inaugural Psychiatry Research Mentor Night, recruiting over a dozen Brown University-affiliated Psychiatrists and Psychologists to take part in an in-person networking event with Alpert medical students.

AMS Medical Humanities Interest Group, Leader, Providence, RI

March 2018 - March 2019

The Medical Humanities Interest Group draws upon the creative and intellectual strengths of diverse disciplines — including literature, art, creative writing, ethics, and anthropology— in pursuit of medical educational goals.

- Organized group meetings and workshops, including a creative writing workshop with physician author Dr. Christine Montross.

Innovation: Princeton Journal of Science + Technology,

Editorial Board Member / Writer Princeton, NJ

September 2015 - May 2016

Innovation is a student-run magazine dedicated to providing cutting-edge science news to the Princeton community.

- Served on the editorial board that revived Innovation magazine
- Wrote feature stories and edited dozens of articles by undergraduate colleagues.

WORK EXPERIENCE

The Association to Benefit Children (ABC) Fast Break Clinic, Bronx, NY

July 2018

Psychiatry and Community Outreach Intern for the Bronx "Fast Break" Mental Health Clinic

- Co-lead a weekly social skills therapy group for 10 children ages 4-7 years old, many of whom had behavioral issues and mental health diagnoses, including ADHD, Autism Spectrum Disorder (ASD), severe Anxiety and Depression, and disruptive behavioral problems.
- Conducted outreach to local organizations serving children in the Bronx to raise awareness about ABC's service.

- Worked with the clinic’s psychiatrist conducting evaluations of children with complex psychosocial needs. Raised over \$300 and created a board games “library” for the clinic so that families could borrow games to play at home to foster guardian-child relationships and healthy attachment.
- Attended daycare and preschool site visits to provide psychosocial support for young children who would otherwise not have access to care.
- Participated in a 9-hour conference entitled “Sensory Integration and Self-regulation: Sensory Contributions to Young Children’s Social-Emotional Development organized by the NYC Department of Health and Mental Hygiene.
- Wrote about NYC’s Early Childhood Mental Health Network for New York Family Magazine: <https://www.newyorkfamily.com/nyc-childhood-mental-health-network/>.

Doctor Radio, Intern, New York, NY June 2018
Doctor Radio is NYU Langone’s Sirius XM Radio station, which features educational, interview, and talk-radio shows from top specialists at NYU Langone.

- Helped plan, research, and create content for multiple programs on NYU Langone's Sirius XM Doctor Radio channel.

Warren Alpert Medical School, Content Tutor, Providence, RI August 2018 -
 March 2019

- Selected based on academic standing to tutor a first-year medical student in basic science coursework; served as first-year exam review session teaching assistant.

Warren Alpert Medical School Admissions Office, Tour Guide, Providence, RI November 2017 - March 2019

- Served as a tour guide for visiting applicants, as well as a resource for questions from medical school applicants to Alpert Medical School.

The Daily Beast, Editorial Intern / Research Intern / Writer, New York, NY July 2016- February 2017
The Daily Beast is a News and Opinion website which receives millions of daily viewers.

- Wrote dozens of published articles and collaborated as a reporter/researcher on numerous articles and projects.

Pulitzer Center on Crisis Reporting

Global Health Projects and Outreach Intern / Writer, Washington, D.C. June 2014- August 2014

- Wrote articles for the Pulitzer Center website, focusing primarily on global health projects. Collaborated with other writers as a reporter/researcher.

Camp Taconic, Lifeguard / Swim Instructor / 12s Girls Counselor, Hinsdale, MA June 2013- August 2013

Camp Taconic is a co-ed sleep away camp in the Berkshires.

- Planned and executed daily swim lessons for fifty 6- through 12-year olds, following American Red Cross standards as well as teaching swim team practices and individual private swim lessons.

RESEARCH EXPERIENCE

Research Assistant

Supervisor: Keith Benkov, MD

- Assisted Dr. Keith Benkov and fellows in the department of Pediatric Gastroenterology with data entry and clinical encounters for patients with Inflammatory Bowel Disease.

The Children's Hospital of Philadelphia, Philadelphia, PA

June 2015 - July 2015

Undergraduate Student Researcher / Princeton Internships in Civic Service (PICS) Intern

Supervisor: Rebecka Peebles, MD

- Worked closely with Dr. Rebecka Peebles, attending physician in the Adolescent Medicine Division at CHOP, shadowing her and assisting with data entry for her research on Family-Based Therapy (FBT) for Eating Disorder.
- Worked on an independent research project, which I created and designed, focused on using pediatric growth curves as a diagnostic tool for Eating Disorders. My research was presented at the Pediatric Academic Societies (PAS) 2017 Meeting.
- Completed a senior thesis for Princeton University entitled *Using Pediatric Growth Curves in Secondary Prevention of Eating Disorders: Closing the Diagnostic Gap between Onset of Growth Stunting or BMI Suppression and Clinical Presentation*

PUBLICATIONS AND PRESENTATIONS

Poster Presentations (* = presenting author)

Presentation at Pediatric Academic Societies (PAS) 2017 Conference, San Francisco, CA

Paolucci K, Warshaw A*, Sieke E, Park C, Timko C, Alix, Weaver L, Peebles R. Pediatric Growth Curves in Secondary Prevention of Eating Disorders: Closing the Diagnostic Gap Between Onset of BMI Suppression and Clinical Presentation. In: Poster Symposia at the Pediatric Academic Societies Meeting; 2017 May 6–9; San Francisco, CA.

Medicine @ Brown Publications

- Warshaw, A. (2020, April 07). [Essential Volunteers](#).
- Warshaw, A. (2020, June 05). [The Art\(s\) of Medicine](#).

Medscape and AAMC News Publications

- Warshaw, A. (2019, July 19). Medscape. [Lost in Translation: Learning to be a Medical Communicator](#).
- Warshaw, A. (2018, Dec 18). AAMC News. [Learning Without Walls](#).
- Warshaw, A. (2018, July 27). Medscape. [Want Students to Be Better Doctors? Make Them Teach](#).

New York Family Magazine Publications

- Warshaw, Amelia (2018, September 06). [Kids' Mental Health at Forefront of ECMH Network's Mission](#).

The Daily Beast Publications

- Warshaw, A. (2016, Sep 27). [The Dark Side of Hangover-Free Booze](#).
- Warshaw, A. (2016, Sep 07). [Do These California Kids Have Leprosy?](#)
- Warshaw, A. (2016, July 14). [Bionic Athletes Are Conquering the World's Toughest Hikes, Climbs, and Waves](#).

The Pulitzer Center on Crisis Reporting Publications

- Warshaw, A. (2014, August 05). [*Mental Health: Healing the Visible and Invisible Scars of Conflict.*](#)
- Warshaw, A. (2014, July 18). [*The Link Between Sanitation and Malnutrition.*](#)
- Warshaw, A. (2014, July 07). [*Can Malaria Be Stopped?*](#)
- Warshaw, A. (2014, June 30). [*Polio in Syria: New Epidemic, Same Obstacles.*](#)

Other Publications

A full list of publications and links to above articles can be found at www.Amelia.Media/

VOLUNTEER EXPERIENCE

Reflective Writing Teaching Assistant, Doctoring I + II, Providence, RI August 2018 - August 2019

The Doctoring I + II curriculum introduces first-year medical students to the basics of clinical medicine and the medical interview. Each month, students have reflective writing assignments.

- Provided individualized peer reflective writing feedback to first-year students throughout the Doctoring course as a second-year student.

Alpert Medical School Teddy Bear Clinic, Providence, RI September 2017-March 2019

The Teddy Bear Clinic is a preclinical elective that introduces health literacy to young children in underprivileged communities by organizing events at schools and community centers. Topics of lessons include healthy habits, visiting the doctor's office, exercise, and nutrition.

- Helped organize and run events at local schools and community centers for dozens of children ages 3 - 8.
- Wrote an article for AAMC News discussing AMS' service learning program and my experience at the Teddy Bear Clinic: <https://www.aamc.org/news-insights/insights/learning-without-walls>.

Sex Ed by Brown Med, Sexual Health Teacher, Providence, RI September 2017-March 2018

Sex Ed by Brown Med is a preclinical elective which delivers a student-run sexual health curriculum that serves as the only source of formalized sexual education for middle school students in Central Falls, RI. Central Falls is a resource-poor area that has been identified by the CDC for high rates of HIV/STIs and teen pregnancy.

- Provided interactive sexual education and health literacy education
- I wrote about my experiences teaching with Sex Ed by Brown for publication by Medscape: <https://www.medscape.com/viewarticle/899620>.

Sex Ed by Brown Med, Sexual Education Outreach Volunteer, Providence, RI October 2017-March 2018

- Engaged with high school students in Central Falls, RI during lunch hours to provide information about sexual health, contraceptive options, and the importance of consent, as well as educated students about local sexual health services and overall health resources through their school and local community.
- Recruited high school students for a school based peer-health navigator and outreach program.

Rhode Island Free Clinic (RIFC), Medical Recorder, Providence, RI October 2017-March 2018

RIFC provides coordinated health services and primary care for nearly 3,000 low-income and uninsured patients in Rhode Island.

Princeton Health Professions Advising Office, Peer Advisor, Princeton, NJ

January 2017- January 2018

- Served as a mentor for Princeton undergraduate students applying to medical school, advising on personal statements and essays, and offering overall insight into the application process.

New York Cares, Volunteer New York, NY
2017

December 2016-March

New York Cares is the largest volunteer network in New York City, which offers thousands of opportunities with nonprofits and schools in NYC's five boroughs.

- Volunteered over 75 hours with numerous organizations on various projects related to health and wellness, children's health, and poverty alleviation in NYC.
- Over 30 hours spent providing after-school tutoring and cooking classes providing nutrition education for dozens of children ages 6 through 14. Over 30 hours volunteering with two large food pantries in Brooklyn, NY.

The Peter C. Alderman Foundation (PCAF), Intern for the Executive Director, Westchester, NY

July 2011

PCAF (now The Peter C. Alderman Program for Global Mental Health) is dedicated to innovating, implementing, and expanding mental health and psychosocial care in Sub-Saharan Africa and beyond.

- Traveled to Soroti Town, Uganda and Nairobi, Kenya to visit clinics, interview clinic staff members and patients, and assist with data collection at the annual African Mental Health Conference in Nairobi, Kenya.
- I blogged about the transformative experiences on this trip: <https://notesfromafricawithpcaf.tumblr.com/>.

MEMBERSHIP IN PROFESSIONAL SOCIETIES

- American Academy of Pediatrics (2019 - present)
- American Medical Association (2019 - present)
- Rhode Island Medical Society (2017 - present)

ADDITIONAL INFORMATION

Language proficiency: Spanish, conversational

Online coursework: 11 CME Hours - MUSC (Medical University of South Carolina): TF-CBT Web 2.0: A Course for Trauma-Focused Cognitive Behavioral Therapy

Interests: travel, cooking, writing, reading, swimming.

REFERENCES

Brian Alverson, MD: Clerkship Director Pediatrics, Hasbro Children's Hospital, RI
brian_alverson@brown.edu

Michelle Forcier, MD MPH: Director, Gender and Sexual Health Program, Hasbro Children's Hospital, RI
michelle_forcier@brown.edu

Rebecka Peebles, MD: Research Mentor, Undergraduate Senior Thesis Advisor, Children's Hospital of Philadelphia
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